

## **Packing List**

Think of this list as a guide for creating your perfect capsule wardrobe. Feel free to swap a skirt for a dress, or a sweater for a jacket if that's your preference - you will undoubtedly have some key pieces of your own, and remember to only choose clothes you feel great in.

Your pieces will need to mix and match, so choose clothes of similar shades or neutrals to ensure that everything co-ordinates with each other. Clever layering is the key to dressing for variable weather, and when changing from day to evening a few accessories or different shoes will transform even the simplest outfit.

These quantities per person will fit into one cabin-size suitcase or bag (for carry-on luggage) and are sufficient for stays of at least a week. If you are away for longer you may need to wash a few items along the way, or if you prefer just add in a couple of extra tops (there's no need to double everything!).

Remember to leave one outfit out to travel in - wear the bulkiest clothes and shoes where possible to save room in your case.

And make sure you've read our What to Wear in Dubai web page for more advice on choosing what to pack.

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## **Packing List for Women**

3 pairs of pants - the lighter the better

1 pair of cropped pants or Capri pants

1 skirt - opt for a longer length

**1 dress** - make it versatile, something you can wear sightseeing but also dress up to dine out in the evenings; strappy sun dresses are fine in the main tourist areas and shopping malls

3 plain tops - one in each of your favorite colors, and opt for lightweight fabrics; keep strappy tops for resort wear

2 casual tops - a shirt in your favorite color would work well here

1 evening top - choose something in your strongest color

1 smart cardigan or unstructured jacket

Check that the colors of your pants, skirt and tops all co-ordinate

1 pair of comfy flats - check the inside of the shoe has some padding to make them easy to walk in

1 pair of killer heels - for evenings

1 pair of fabulous flip flops or sandals - jewelled are fun and look great with everything

Underwear - enough to last between bouts of laundry

Socks - consider the types of shoes you will be wearing

Sleepwear

**Swimwear** 

1 cool kaftan

1 sarong - works well as a skirt and will also cover your shoulders if needed; check the color matches your swimwear Sunhat - remember you may need to pack this in your case, so choose one that will fold or roll up

A belt

A pashmina - take a wrap on the plane to keep you warm, then wear it to cover shoulders or create a stylish look in the evenings; a lighter color like taupe or white will create that movie star "I haven't bothered" look

Costume jewellery - never underestimate how a statement piece can transform an outfit

Sunglasses - these can make a great statement too, but check they have the right protection

A large canvas bag - with plenty of room for all your day trip essentials

A simple clutch baq - for evenings; a smart travel wallet can also double up as a clutch baq



## **Packing List for Men**

**4 pairs of pants** - three casual for daytime and one smarter for evenings; include a pair with detachable legs that convert into shorts

1 pair of tailored shorts

4 casual shirts for daytime - lighter fabrics are best

2 smarter shirts - for evenings

1 jacket

1 pair of comfortable summer shoes or sandals

1 pair of smarter shoes - for evenings

Underwear - enough to last between bouts of laundry

Socks - consider the types of shoes you will be wearing

Sleepwear

**Swimwear** 

A belt

A tie - just in case

Sunglasses - check they have the right protection

A light rucksack or day bag - with plenty of room for your sightseeing essentials



## **Checklist - Other Things To Remember**

Item	Description	Packed
Tickets		
Passports and copies (keep copy separate)		
Visas		
Currency		
Travelers cheques		
Credit cards		
Airport parking, car hire confirmation, train tickets		
(International) Driving license		
Family contact numbers & addresses		
Diving certificate and log		
Travel Insurance		
EHIC health card (for Europeans in Europe)		
Yellow fever or other required vaccination certificates		
Malaria tablets		
Prescription medication		
General medication and first aid: Paracetemol/Aspirin, diarrhoea relief, contraception, bite/sting relief, allergy relief, plasters, bandage & tape		
Toiletries: Soap/cleanser, moisturiser, shaving products, deodorant, shampoo/conditioner & hair care products, toothbrush & paste, make-up, nail scissors & file, feminine products		
Sun screen, after-sun, insect repellent		
Hairdryer, straighteners, brush/comb & clips/accessories		
Reading glasses & spares, hearing aids & spare batteries		
Pens, notebook		
Travel games, playing cards		
Books/eBook, guide books, bird book		
Binoculars		
Camera & memory cards, charger		
iPod/MP3/tablet & charger		
Mobile phone & charger (remember to turn off data roaming before you leave the country)		
Universal travel adaptor		
Universal sink plug, travel washing line, laundry tablets		
Snacks & drinks for the journey, water bottle		